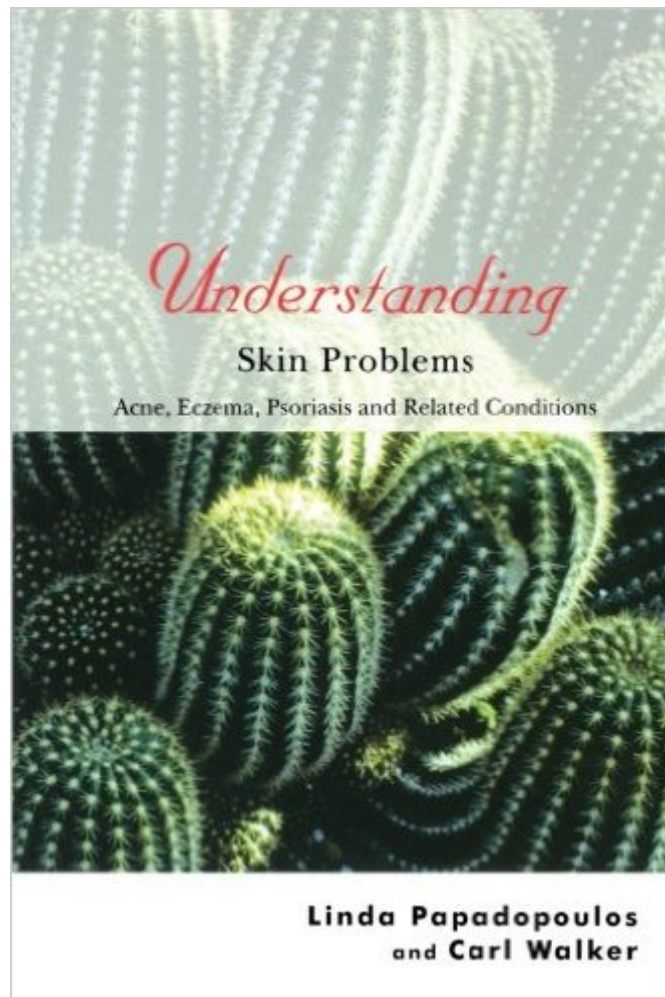


The book was found

Understanding Skin Problems: Acne, Eczema, Psoriasis And Related Conditions



Synopsis

As sufferers will know, any dermatological condition can have a devastating effect leading to feelings of isolation and depression. Filling the gap between medical advice and lay knowledge, *Understanding Skin Problems* provides crucial information to help you understand the various aspects of your condition - psychological and social as well as medical - so that you can improve the quality of your life and learn to cope better with the problem. Written in easy-to-understand language, it offers a positive, hopeful outlook and includes lists of organizations for further help. * Broad coverage relevant to a wide range of skin conditions * Written in a very accessible style * Lists of further help, organisations etc included

Linda Papadopoulos is a Reader in Psychology and a chartered counselling and health psychologist. She currently works as a course director at London Guildhall University. She has published extensively in the fields of medical and counselling psychology and has been invited to present her research at various international conferences. She has also appeared on a variety of television programmes such as 'Big Brother' as their expert psychologist. Carl Walker is a Research Psychologist at London Guildhall University where he is currently finishing a PhD in psychodermatology. He comes from a biological background, having graduated in biology from Royal Holloway and Bedford New College, University of London.

Book Information

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Customer Reviews

I'm not at all impressed. It's got half a page of vague information on the medical facts of eczema. The rest is all psychological. Thankfully I only borrowed it from the library. I was hoping for tips on

things that help with eczema life remedies, and what to do for flare-ups but it had none of this. There is not even as much as a full page on any of the other skin problems either. But there's plenty on how to form relationships and going to support groups. Not what I was looking for at all.

I bought this book because my son has skin problems (eczema), this book helped me understand more about the problem and what to do.

IS GREAT TO HAVE THE OPPORTUNITY TO EXPLORE THE PSYCHOLOGICAL ASPECT OF THE SKIN DISEASE. YOU CAN ENTER THE MIND OF THE ILLNESS THROUGH THIS READING.

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Eczema: The Definitive Eczema Cure - How To Overcome Eczema Forever And Live Your Life!

(Skin Conditions, Dermatology, Eczema, Acne, Psoriasis, Skin Care, Essential Oils Book 1)

Understanding Skin Problems: Acne, Eczema, Psoriasis and Related Conditions Get Younger

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Butter for Beginners: All-Natural Quick & Easy Recipes to Eliminate Eczema, Acne, Dry Skin,

Stretch Marks, Sunburn & More Skin Picking: for beginners - How to recover from Skin Picking

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Itch of Eczema Through Diet and Nutrition Psoriasis Total Disease Elimination Plan: It Starts with

Food Your Essential Natural 90 Day How to Guide Book! (Psoriasis Free for Life, Cure and Diet

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How Water is the Cause of the Modern Acne Epidemic, and the Cure Skin Care for Men - The Best

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Fungus, Ringworm, Skin Tags, - Health ... Dilutions and Lots More! (What Is? Book 2) Anti-Aging

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Guide To Anti Aging Skin Care Treatment: Learn All You Need For Treating Aging Skin To Look Younger Than Your Age (Anti Aging Skin Care, Anti Aging Diet, ... Emu Oil, Retinol, Best Eye Cream, Book 3)
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Allergies: Fight Them with the Blood Type Diet: The Individualized Plan for Treating Environmental and Food Allergies, Chronic Sinus Infections, Asthma and Related Conditions
Menopause: Manage Its Symptoms with the Blood Type Diet: The Individualized Plan for Preventing and Treating Hot Flashes, Loss of Libido, Mood Changes, Osteoporosis, and Related Conditions

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